Foodlink smoothie

MOCKTAIL

To make the most out of Foodlink Smoothie, mix with fruit juices for a fresher feel, or milk alternatives for a creamier taste, and enjoy a mocktail style drink?





352kcal 10.8g protein

Double Orange & Mango

Mix 150ml of fresh orange juice with 1 sachet of Foodlink Smoothie Mango & Orange.

Need Inspiration? Other juice ideas:

Pineapple juice with Foodlink Smoothie Tropical Apple juice with Foodlink Smoothie Red Berry

Bakewell Smoothie

top

Mix 150ml of almond milk¹ with 1 sachet of **Foodlink Smoothie Red Berry.**

Serve chilled

cold fluids or

add some ice

Serve with

334kcal

11g

protein

Pina Colada

handy

Mix 150ml of coconut milk¹ with 1 sachet of **Foodlink Smoothie Tropical.**

330kcal 11g protein

359kcal 11g protein

Peach Crumble

Mix 150ml of oat milk¹ with Foodlink Smoothie Peach for a dessert style drink.

Looking to add more protein? Soya Milk adds an extra 5g of protein per 150ml and goes well with our Red Berry and Orange & Mango flavours! 349kcal, 15g protein.

Serving suggestions only. All nutritional values approximate depending on fluids used. Please check individual product and ingredients labels of fluids for allergens. If concerned about allergens please contact your healthcare professional. ¹Nutrition based on sweetened versions of these milk alternatives.

cubes.

For more recipe ideas, visit: www.nualtra.com