

Altraplen

PROTEIN

DATASHEET July 2020

Altraplen Protein is a nutritionally complete Food for Special Medical Purposes.

- ◆ A ready to drink, milkshake style oral nutritional supplement containing 300kcal and 20g protein in 200ml.
- ◆ May be used as a sole source of nutrition or used to supplement a patient's dietary intake.
- ◆ Available in 4 x 200ml cluster packs. Starter pack also available including 2 x 200ml bottles.



Flavours: Available in Vanilla and Strawberry flavours.

Allergen information: Contains milk protein and soya. Gluten free.

Indications: For enteral use only. Must be used under medical supervision. May be used for the dietary management of patients with increased nutritional requirements as a result of chronic wounds, post-surgery or any patient with or at risk of developing disease related malnutrition as determined by appropriate nutritional screening.

Contraindications: Not suitable for children under 3 years. Not suitable for patients with Galactosaemia or in patients with cow's milk protein allergy.

Precautions: Not suitable for use in children under 3 years and use of this product in children under 6 years should be closely monitored by a dietitian or physician.

INGREDIENTS:

VANILLA: Water, **Milk** protein concentrate, Maltodextrin, Glucose syrup, Vegetable oil, Calcium caseinate, Potassium caseinate, Isolated **soya** protein, Emulsifier: **Soya** lecithin (E322), Tripotassium citrate (E332), Trisodium citrate, Calcium chloride (E509), Potassium chloride, Choline chloride, Magnesium citrate, Flavouring, Vitamins: (Ascorbic acid, Vit A acetate, Nicotinamide, D-biotin, Vit D3, Vit B12, Pyridoxine HCl, Vit K, Thiamine mononitrate, Riboflavin, Vit E acetate, Calcium D-pantothenate, Folic acid), Sodium hydroxide (E524), Magnesium oxide (E530), Colour E100, Acesulfame K (E950), Ferric pyrophosphate, Sucralose (E955), Zinc sulphate, Sodium selenite, Manganese sulphate monohydrate, Copper sulphate, Sodium fluoride, Chromium chloride, Sodium molybdate, Potassium iodide.

Directions for use: Ready to drink. Altraplen Protein can be consumed frozen, chilled, at room temperature or gently heated.

- ◆ Shake well before use.

Storage: Altraplen Protein should be stored in a cool, dry place (below 25°C). Once opened consume within 4 hours or store in a refrigerator and consume within 24 hours. Discard unused contents thereafter.

Shelf life: 18 months from manufacture. See side of bottle and outer packaging for best before date.

Country of origin: France.

This product is packaged in a protective atmosphere.

STRAWBERRY: Water, **Milk** protein concentrate, Maltodextrin, Glucose syrup, Vegetable oil, Calcium caseinate, Potassium caseinate, Isolated **soya** protein, Emulsifier: **Soya** lecithin (E322), Tripotassium citrate (E332), Trisodium citrate, Calcium chloride (E509), Colour: E120, Potassium chloride, Choline chloride, Magnesium citrate, Flavouring, Vitamins: (Ascorbic acid, Vit A acetate, Nicotinamide, D-biotin, Vit D3, Vit B12, Pyridoxine HCl, Vit K, Thiamine mononitrate, Riboflavin, Vit E acetate, Calcium D-pantothenate, Folic acid), Sodium hydroxide (E524), Magnesium oxide (E530), Acesulfame K (E950), Ferric pyrophosphate, Sucralose (E955), Zinc sulphate, Sodium selenite, Manganese sulphate monohydrate, Copper sulphate, Sodium fluoride, Chromium chloride, Sodium molybdate, Potassium iodide.

Average content	Units	100ml	200ml bottle
Energy	KJ Kcal	632 150	1264 300
Fat (33.5 en%)	g	5.6	11.2
of which saturates	g	0.46	0.92
of which monounsaturates	g	3.36	6.72
of which polyunsaturates	g	1.59	3.18
Carbohydrate (40 en%)	g	15	30
of which sugars	g	4.6	9.2
Fibre (0 en%)	g	0	0
Protein (26.5 en%)	g	10	20
Salt	g	0.19	0.38
VITAMINS			
Vitamin A	µg-RE	120	240
Vitamin D	µg	2.5	5
Vitamin E	mg α-TE	2	4
Vitamin K	µg	10	20
Vitamin C	mg	15	30
Thiamin (B1)	mg	0.25	0.5
Riboflavin (B2)	mg	0.25	0.5
Niacin	mg NE	2.7	5.4
Vitamin B6	mg	0.35	0.70
Folic Acid	µg	55	110
Vitamin B12	µg	0.95	1.90
Biotin	µg	6	12
Pantothenic Acid	mg	1	2
MINERALS			
Sodium	mmol mg	3.3 75	6.6 150
Potassium	mmol mg	4.6 180	9.2 360
Chloride	mmol mg	4.2 150	8.4 300
Calcium	mmol mg	4 160	8 320
Phosphorus	mmol mg	3.2 100	6.4 200
Magnesium	mmol mg	1 25	2 50
Iron	mg	2	4
Zinc	mg	1.5	3
Copper	mg	0.26	0.52
Manganese	mg	0.3	0.6
Selenium	µg	8.5	17
Chromium	µg	10	20
Molybdenum	µg	15	30
Iodine	µg	20	40
Fluoride	mg	0.15	0.30
Osmolarity	mOsmol/L	400	
Osmolality	mOsmol/kg/H ₂ O	520	
Lactose content	g	0.09	0.18